

# Ponferrada to Sarria



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**Camino**

Your Camino Agent since 2007

[info@followthecamino.com](mailto:info@followthecamino.com)

+353 1 687 2144

+44 20 3411 0701

+1 877 778 1750

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# YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner on TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of TripAdvisor travellers place this winner in the top 10% worldwide.



\*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

**LIZ F.**



**Walking the french camino is one of the best experiences of my life.**

*I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time. Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.*

**LARA K.**



**Wonderful all round experience**

*Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!*

**RANDY R.**



**Follow the Camino Frances**

*The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.*

**GRETA O.**




**Follow the Camino with an eighty year old**

*Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.*


# ITINERARY

 Stage 7 of 8

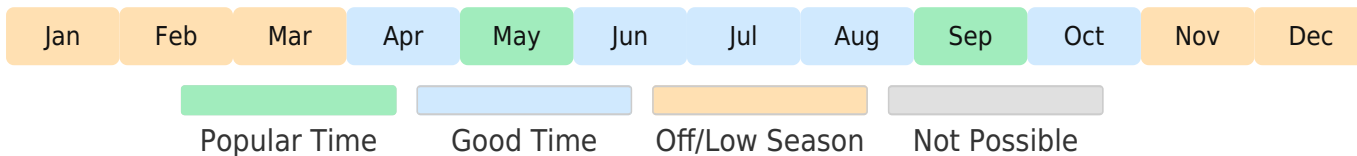
 92.2km

 6 days

 Comfort

 Moderate plus

Starting from  
**€659**



Overall

Distance:

**18.2** min | **23.1km** average | **28.4** max

Ascent:

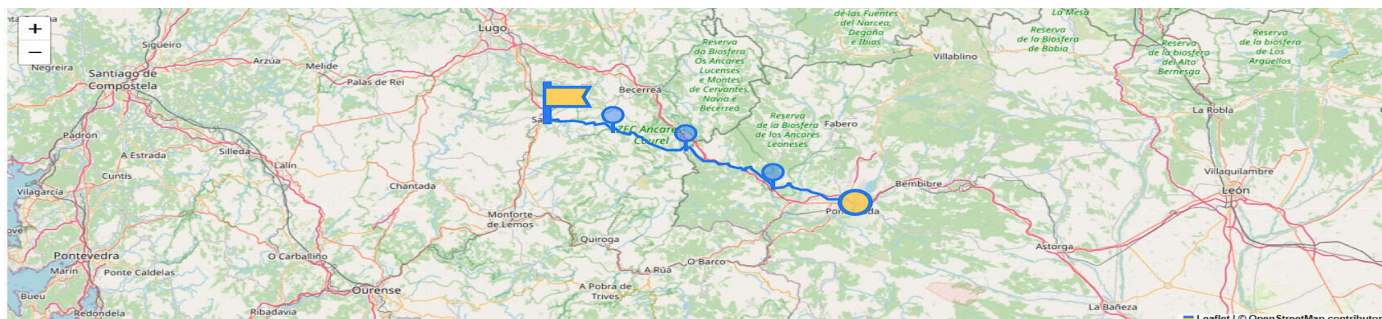
**329.9** min | **697.7m** average | **1547.3** max

Cardio:

**3 3.5 5**

Starting in the mountain-hugging town of Ponferrada and finishing in Sarria, a bustling market town, this Camino crosses the magnificent O Cebreiro Mountains before winding down to a more gentle terrain. O'Cebreiro is a megalithic village with round stone houses, with an amazing church, Santa Maria Real, where you can find the most important religious remains of Galicia (the miracle of Santo Milagro with a Chalice and Paten turning into the body and blood of Jesus Christ). The Chalice and Paten are the symbols of Galicia. The remains of Don Elias Valina Sampredo, the father of the modern Camino and 'inventor' of the yellow arrow, are also in the Church.

## Map



## Services

### Included in this package

- ✔ Bed & Breakfast
- ✔ Specially Hand-Picked Accommodation
- ✔ Our Holiday or Pilgrim Pack
- ✔ 24/7 On-Call Support
- ✔ Virtual Face-to-Face Pre-Departure Briefing

### Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day  
1  
km

### **PONFERRADA**

You will be pre-booked into a traditional hotel in the heart of the town. While here, you may wish to visit the Castillo de los Templarios, a castle donated to the Knights Templar Order by King Ferdinand II of León in 1178 to protect pilgrims who passed through on the Camino Frances to Santiago de Compostela.

Day  
2  
24.6 km

### **PONFERRADA -> VILAFRANCA DEL BIERZO**

Today you will cross the region of Bierzo, a sunken plain nestled within a ring of mountains. It is a fertile land, with an agreeable climate that allows the cultivation of many types of fruit and vegetables. In Villafranca, don't miss the garden of the 'Iglesia de Santiago'. If you would like to cycle at a more relaxed pace, we can arrange to split this section into two days, with a stop over in La Portela de Valcarce overnight.

Day  
3  
28.4 km

### **VILAFRANCA DEL BIERZO -> O CEBREIRO**

Prepare for a challenging day with an ascent of 1000m. You will pass through the narrow valley of the river Valcace before tackling the ascent of O Cebreiro. Situated between the ranges of Los Ancares and La Sierra do Courel, this stage involves a steep climb in the course of only a few kilometres.

Day  
4  
21 km

### **O CEBREIRO -> TRIACASTELA**

From O Cebreiro the trail passes through the Sierra de Ranadoiro (Ranadoiro Mountains) and, after crossing the Alto do Poio, it descends into the valley to the village of Triacastela, which gets its name from the three castles that once stood here - none of which exist today.

Day  
5  
18.2 km

### **TRIACASTELA -> SARRIA**

Of the two Camino options, the 'San Xil' Camino offers scenery that will uplift your spirits and encourage you on your way. It has many 'Corredoiras' (narrow forest routes) with paved pathways that cut through typical Galician oak woods. If you wish to visit Samos, you will pass through the narrow valley of the river Ouribio, mostly following the main road.

Day

6

km

## SARRIA

After breakfast we bid you farewell. While in Sarria, it is definitely worth having a look at the town's main religious sites, Convento de la Magdalena and Iglesia Santa Marina de Sarria.

## Elevation Chart



# NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

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Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

## ABOUT US

At Follow the Camino, we are re not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2006** As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at [info@followthecamino.com](mailto:info@followthecamino.com) to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience** Let us help you create the perfect journey tailored to your needs!

# Follow the Camino

**START PLANING NOW**

[info@followthecamino.com](mailto:info@followthecamino.com) | +353 16872144 | [www.followthecamino.com](http://www.followthecamino.com)

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