# Coimbra to Porto





Your Camino Agent since 2007

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# YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a day-by-day outline of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully tailored to your preferences. As a 2024 Traveler's Choice Award winner on TripAdvisor, we're proud to be trusted by hundreds of travelers who praise our seamless **service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



**Follow The Camino** 











\*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

#### LIZ F.

#### Walking the french camino is one of the best experiences of my life.

I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time. Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking! Il be back for sure.

#### RANDY R.



#### **Follow the Camino Frances**

The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.

#### LARA K.



#### Wonderful all round experience

Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!

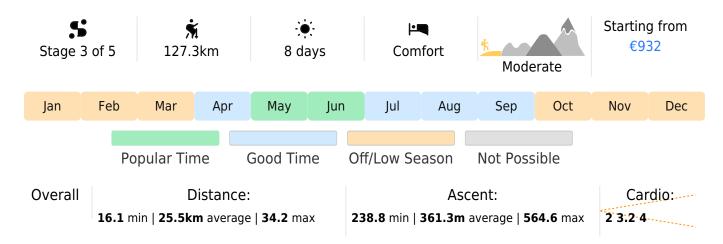
#### GRETA O.



#### Follow the Camino with an eighty year old

Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.

## **ITINERARY**



Starting in Coimbra and continuing all the way up to Porto, this third section of the Camino Portugues stretches between inland Portugal and the Atlantic coast. Here, the Camino brings us through history still alive today with cities such as Coimbra, the former capital city, and Porto, a UNESCO World Heritage site. Between these urban areas, vineyards, river valleys, and gently undulating woodlands are also part of the landscape. With walks of a reasonable length, this holiday is accessible to anybody with a regular level of fitness.

### Map



#### **Services**

#### 

Not included: Flights/trains, Insurance, Drinks/Lunch

Day 1

km

#### **COIMBRA**

Coimbra has always played an important role in the history of Portugal and relics of the ancient times can still be seen in this lively city today. Indeed, being the former capital, Coimbra is not only home to a 13th Century university, but its cathedral is one of the best preserved gothic buildings in Portugal. As a university city, Coimbra has everything to entertain visitors, and it is also a great place to taste local wines produced in the area!

Day

2

23 km

#### COIMBRA -> MEALHADA

Today is mainly a flat walk alternating between urban areas and river valleys. The only difficulty might be the gentle climb when leaving Coimbra and the Rio Mondego valley, up to Cioga do Monte. On this stage, the Camino mostly follows an ancient Roman road (even though very little of the original remains). We end the day in Mealhada, a famous wine-growing area.

Day

3

25.1 km

#### **MEALHADA -> AGUEDA**

Leaving Mealhada, we continue to walk through pleasant vineyards with no particular difficulty, with most of the day spent on asphalt. On the way, the route runs through Avelas de Caminho, a city historically linked to the Camino. We finally reach Agueda, a town built on the banks of the Certima River.

Day

4

16.1 km

#### **AGUEDA -> ALBERGARIA A VELHA**

This short stage presents no difficulty, the high point of the day being our final destination in Albergaria A Velha. Part of the day runs through peaceful pine and eucalyptus woods, a leg of the Camino that follows the original Via Romana XVI, with a beautiful stone bridge crossing over the Rio Marnel.

Day

5

29 km

#### ALBERGARIA A VELHA -> SAO JOAO DE MADEIRA

We start this day walking along a lovely forest road and then the area becomes more urbanised as the Camino progresses further towards the North of the Beira coast and Porto. We also cross the charming town of Oliveira de Azemeis with its pretty historical centre and Matriz de Sao Miguel Church. The terrain also becomes more undulating and there is a bit of up and down across small hills, the highest point of the day culminating at 220 metres atop Sao Joao da Madeira.

Day 7 34.2 km

#### **SAO JOAO DE MADEIRA -> PORTO**

Leaving Sao Joao da Madeira, we pass through Arrifana and its blue church. Soon we find ourselves walking on the well-preserved original cobbled Roman road. We then continue downhill towards the 13th Century monastery, Mosteiro de Grijo. Heading towards Porto, feel the fresh breeze of the Atlantic coast as we get closer to the famous Port wine capital city. We approach Vila Nova de Gaia, the city facing Porto, on the other side of Rio Duero before finally entering Porto via the majestic Puente D. Luiz I.



#### **PORTO**

After breakfast, we bid you farewell. There is so much to see and do in Porto, where do you even begin? From marvelling at wondrous bridges that span the Douro river and the city's notable monuments, to exploring the port cellars and many cafes that line the riverbanks, Porto is a World Heritage City for a good reason. While here, you can also do a number of exciting day trips to the surrounding regions in the north of Portugal.

#### **Elevation Chart**



# NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences.** Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

# **ABOUT US**

At Follow the Camino, we are re not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007** As the firs tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures.** 

Don't hesitate to contact us at <a href="mailto:info@followthecamino.com">info@followthecamino.com</a> to request your personalized itinerary. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to enhance your Camino experience Let us help you create the perfect journey tailored to your needs!

