

# Cycle the Camino Frances from Roncesvalles to Burgos



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# YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner** on **TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of Tripadvisor travellers place this winner in the top 10% worldwide.



\*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

**LIZ F.**



**Walking the french camino is one of the best experiences of my life.**

*I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time.*

*Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.*

**LARA K.**



**Wonderful all round experience**

*Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!*

**RANDY R.**



**Follow the Camino Frances**

*The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.*

**GRETA O.**



**Follow the Camino with an eighty year old**

*Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.*



# ITINERARY

 Stage 1 of 3

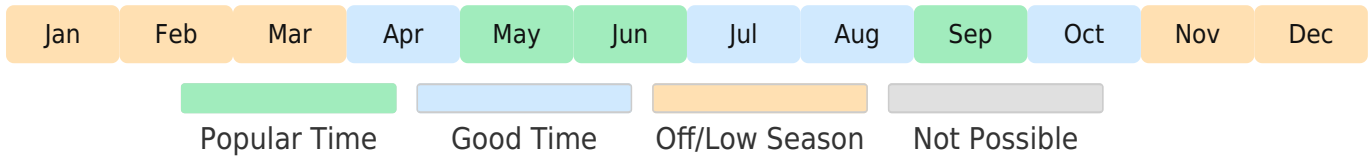
 257.9km

 7 days

 Comfort

 Moderate

Starting from  
**€1010**



Overall

Distance:

**42.8 min** | **51.6km** average | **70.5 max**

Ascent:

**921.7 min** | **1014.6m** average | **1137 max**

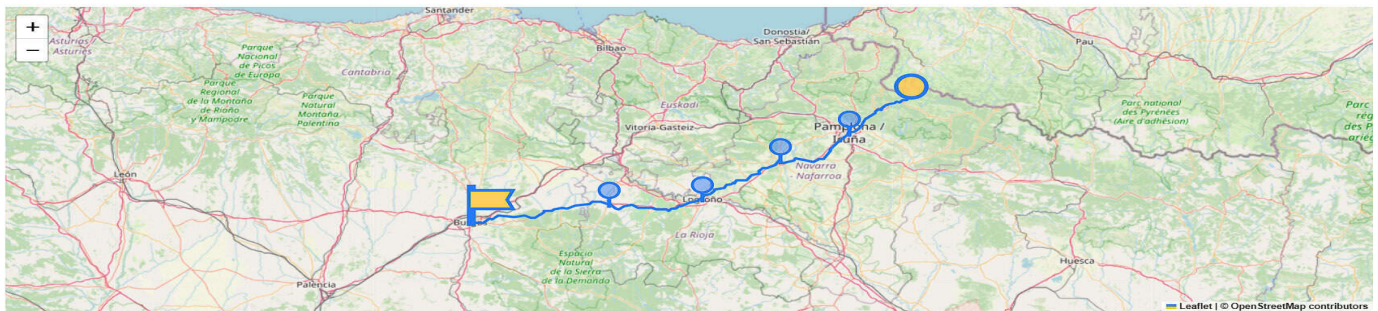
Cardio:

**5 5 5**

Starting in Roncesvalles, this leg of the French Way will bring you to the vibrant city of Burgos. This section is great for cyclists who want to enjoy different landscapes, from the foothills of the Pyrenees to fields of sunflowers, from woodland to red earth vineyards. It also has many historical cities as well as picturesque towns, and visitors can enjoy different regional cultures as they journey from the Basque Country to Castilla y Leon, not to mention the wine-dedicated region of La Rioja.

Our cycling packages are not suitable for novice bike riders - your bike will come presented in a box which you need to be able to assemble yourself. You will also need to be familiar with fixing a flat tyre / loose chain. The cycling tour packages are aimed at experienced riders.

## Map



## Services

### Included in this package

- ✓ Specially Hand-Picked Accommodations
- ✓ Bed & Breakfast
- ✓ Luggage Transfers from Hotel to Hotel
- ✓ Mountain Bike (or E-bike on request for an extra cost)
- ✓ Bike Breakdown Insurance
- ✓ Repair Kit
- ✓ 24/7 On-Call Support

### Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day

1

km

### **RONCESVALLES**

With its collegiate church, old monastery and the impressive chapel of Santiago, Roncesvalles has a strong link to the Camino de Santiago. It is also one of the major spots of all the routes heading to the tomb of St James in the city of Santiago as this is where all pilgrims travelling via the French Way gather to to start their journey to Santiago de Compostela. Set at the foothills of the Pyrenees, this peaceful place seems to exist because of, and for, the pilgrims travelling on the Camino.

Day

2

42.8 km

### **RONCESVALLES -> PAMPLONA**

Leaving the Pyrenees behind us, we head towards Pamplona through the undulating terrain of the Basque Country via woodlands and hilly cultivated lands. One section of this route today ascends an elevation of nearly 500m. This can be tough going but is ultimately very rewarding when you arrive in Pamplona.

Day

3

44.5 km

### **PAMPLONA -> ESTELLA**

As soon as we leave Pamplona, we notice a drastic change in landscape: sunflowers and cereal fields surround us as we pass el Alto del Perdon (an elevation of 750m) before heading down to Puente de la Reina, where the French and Aragonese Ways to the city of Santiago meet. The second half of the day sees another change in landscapes as red earth crop fields fall away and charming villages and vineyards begin to appear.

Day

4

50.2 km

### **ESTELLA -> LOGRONO**

Today is another beautiful day, travelling through vineyards and red earth crop fields. We also pass by a few famous landmarks of the Camino de Santiago such as the Monasterio of Irache and its bodega, and the steep climb up to Villamayor de Monjardin. Shade also decreases as we get closer and closer to Logrono, capital city of the well-known wine producing region of La Rioja.

Day

5

50 km

### **LOGRONO -> SANTO DOMINGO DE LA CALZADA**

Yet another great cycling day along red earth tracks and through the countryside of La Rioja. As the day goes on, we notice vines start to disappear and are replaced by more cereal fields as we approach Santo Domingo de la Calzada. This day can be seen as challenging as there are many ups and downs all day long and little shade.

Day  
6

70.5 km

### **SANTO DOMINGO DE LA CALZADA -> BURGOS**

The day is spent walking through hilly crop fields, crossing a few quiet villages before getting back to civilisation in the city of Burgos. This can be a demanding day as the length is challenging and there are a number of steep gradients to tackle – but the final destination in Burgos is well worth it!

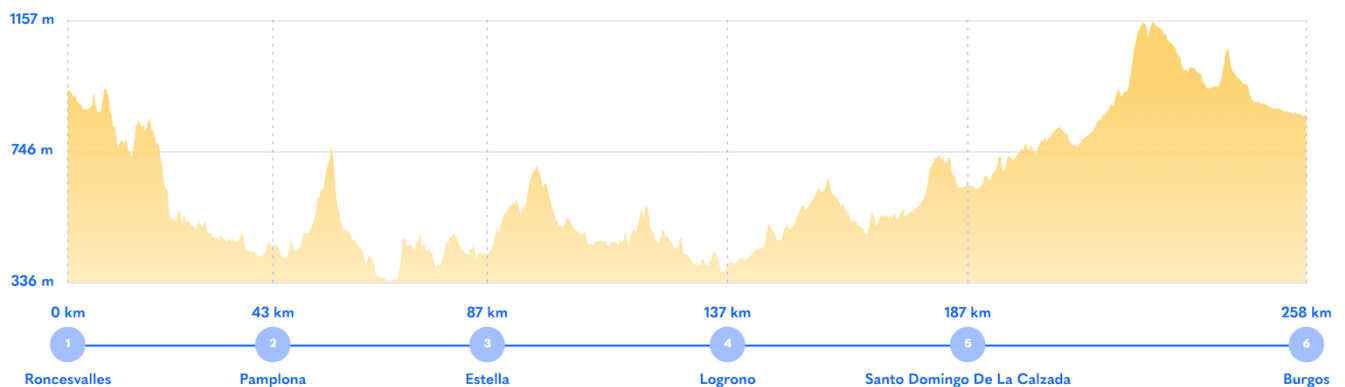
Day  
7

km

### **BURGOS**

After breakfast we bid you farewell. Burgos still preserves important vestiges of its mediaeval splendour. The city, which was the capital of the unified kingdom of Castilla-Leon for five centuries, boasts a masterpiece of Spanish Gothic architecture; the Cathedral of Burgos (a UNESCO World Heritage Site). Apart from a visit to the historic quarter, you can take quite walk along the banks of the Duero and Arlanza rivers or discover the delicious and varied local cuisine in one of the city's restaurants.

## **Elevation Chart**



# NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

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Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

## ABOUT US

At Follow the Camino, we are re not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007** As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at [info@followthecamino.com](mailto:info@followthecamino.com) to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience** Let us help you create the perfect journey tailored to your needs!



# Follow the Camino

**START PLANING NOW**

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