

Aire Sur L'adour to Saint Jean Pied De Port



**Follow
the
Camino**

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YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner** on **TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of Tripadvisor travellers place this winner in the top 10% worldwide.



*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

LIZ F.



Walking the french camino is one of the best experiences of my life.

I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time.

Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.

LARA K.



Wonderful all round experience

Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!

RANDY R.



Follow the Camino Frances

The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.

GRETA O.



Follow the Camino with an eighty year old

Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.

ITINERARY


Stage 6 of 6


167km


8 days


Comfort


Moderate plus

Starting from
€946

Jan

Feb

Mar

Apr

May

Jun

Jul

Aug

Sep

Oct

Nov

Dec

Popular Time

Good Time

Off/Low Season

Not Possible

Overall

Distance:

15.3 min | 27.8km average | 38.1 max

Ascent:

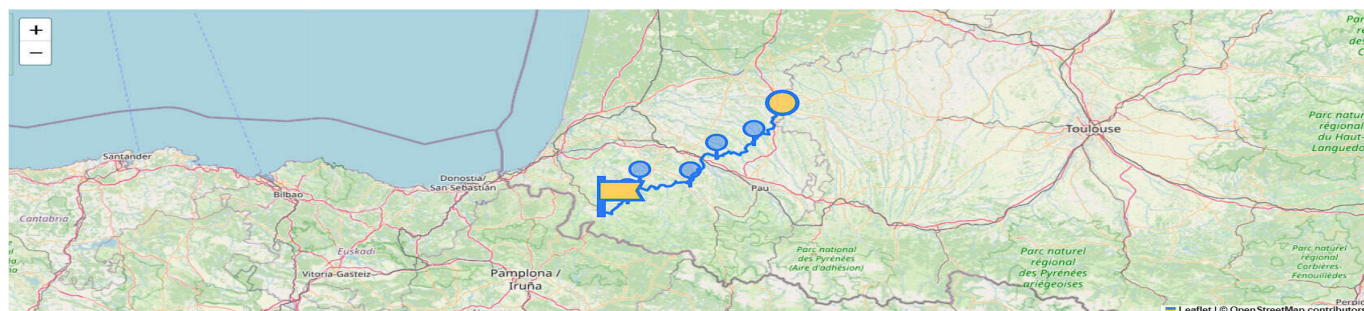
512 min | 647.3m average | 802.2 max

Cardio:

3 3.8 5

From Aire-sur-L'Adour to Saint-Jean-Pied-de-Port, the final section of Via Podiensis will surely bewitch you. It starts in Les Landes and hikers quickly enter the French Basque Country. Charming villages, beautiful forests, great scenic views, history: this section combines it all as you get closer to the Pyrenees, never far ahead in the distance. Finally, you reach their foothills in Saint-Jean-Pied-de-Port, both the end of Via Podiensis and the beginning of the Camino Frances, all the way to the city of Santiago de Compostela.

Map



Services

Included in this package

- ✓ Bed & Breakfast
- ✓ Specially Hand-Picked Accommodation
- ✓ Our Holiday or Pilgrim Pack
- ✓ 24/7 On-Call Support
- ✓ Virtual Face-to-Face Pre-Departure Briefing

Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day
1
km

AIRE SUR L'ADOUR

The pretty town of Aire-sur-l'Adour, gateway to Les Landes département, is split between two parts: the lower section lies by the river Adour and is home to the 12th Century cathedral. In the upper town, the Eglise de Sainte Quitterie is also a must-see. This mediaeval market town is the perfect start to experience the region's peaceful way of living.

Day
2
33.9 km

AIRE SUR L'ADOUR -> ARZACQ ARRAZIGUET

As the kick-off to the final section of the Via Podiensis or Le Puy Route, we spend our first day walking through the Les Landes département and its crop fields. Cultivated landscapes are dotted with hamlets with different ancient buildings, from well-conserved stone chapels to washhouses. This first day is demanding, mostly because of its length rather than the difficulty of the terrain.

Day
3
29.8 km

ARZACQ ARRAZIGUET -> ARTHEZ EN BERN

The beauty of the route today lies in the lovely paths taken along hillsides from where, from time to time, we can see a steeple reaching up to the sky from the valley below. The route runs through the rounded hills, passing by numerous villages and old churches such as in Luvigny, Larreule, or Caubin.

Day
4
31.5 km

ARTHEZ EN BERN -> NAVARRENX

Today is a long day going through the attractive undulating countryside of the Le Bearn area. After crossing over the river Gave de Pau, there are a few long uphill stretches which add some difficulty to this stimulating walk. One of the best rewards of the day comes after the uphill, when arriving in Navarrenx, a beautiful fortified city which was the first bastioned city of France.

Day
5
38.1 km

NAVARRENX -> SAINT PALAIS

Soon after Navarrenx, we find ourselves walking through the countryside and attractive woodland. Then we reach Lichos, marking the entrance of the Camino into the Basque Country. Passing via the village of Aroue, we continue our way up and down with the Pyrenees getting closer and closer with each step. Finally, we reach the town of Saint-Palais.

Day
6

15.3 km

SAINT PALAIS -> LARCEVEAU

This is another incredible walk, passing through very few villages but offering beautiful views all the way. Walking through the peaceful countryside, we gradually make our way up to the Chapel of Soyarce with its wonderful views over the Pyrenees. We pass the typical village of Ostabat and continue to Larceveau, our destination for the evening.

Day
7

18.3 km

LARCEVEAU -> SAINT JEAN PIED DE PORT

The last day of the final section of Via Podiensis runs through the hilly countryside of the Basque Country, with its grazing sheep and red-roofed houses. The Camino goes up and down all day long, offering great views over the verdant countryside and passing through villages with typical Basque names like Bastida Xoko, Utxiat or Bussunaritz. The journey ends up in the beautiful mediaeval Saint-Jean-Pied-de-Port, at the foothills of the Pyrenees and the starting point of the French Way to Santiago de Compostela.

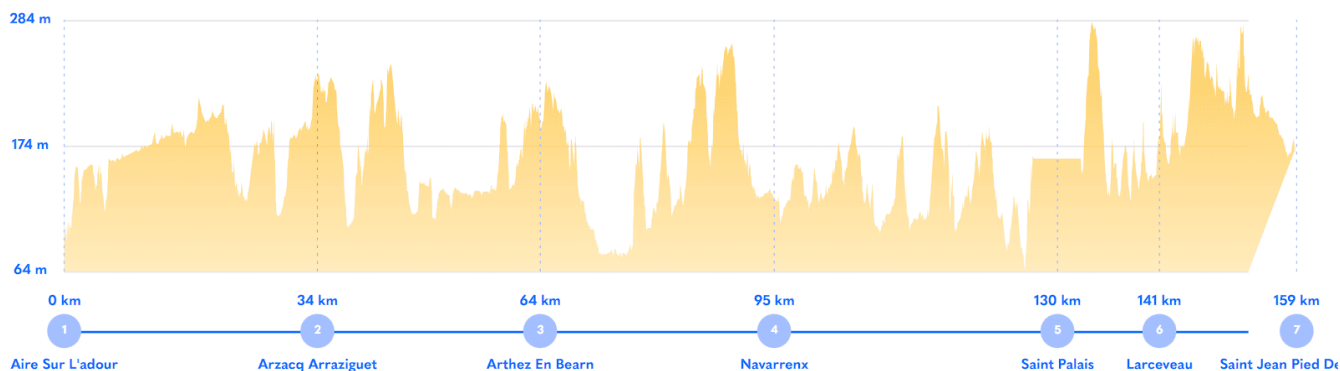
Day
8

km

SAINT JEAN PIED DE PORT

After breakfast, we bid you farewell. If you wish to continue and experience crossing over the Pyrenees on the Camino, have a look at the start of our French Way route, from Saint-Jean-Pied-de-Port to Pamplona. You can also stay overnight in Saint-Jean-Pied-de-Port and explore what this beautiful town has to offer itself.

Elevation Chart



NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

ABOUT US

At Follow the Camino, we are not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007**. As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at info@followthecamino.com to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience**. Let us help you create the perfect journey tailored to your needs!

Follow the Camino

START PLANING NOW

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