

Aumont-aubrac to Conques



**Follow
the
Camino**

Your Camino Agent since 2007

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YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner** on **TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of Tripadvisor travellers place this winner in the top 10% worldwide.



*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

LIZ F.



Walking the french camino is one of the best experiences of my life.

*I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time.
Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.*

LARA K.



Wonderful all round experience

Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!

RANDY R.



Follow the Camino Frances

The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.

GRETA O.



Follow the Camino with an eighty year old

Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.

ITINERARY



Stage 2 of 6



112.1km



7 days



Comfort



Moderate

Starting from
€826

Jan

Feb

Mar

Apr

May

Jun

Jul

Aug

Sep

Oct

Nov

Dec

Popular Time

Good Time

Off/Low Season

Not Possible

Overall

Distance:

16.1 min | 22.4km average | 26.7 max

Ascent:

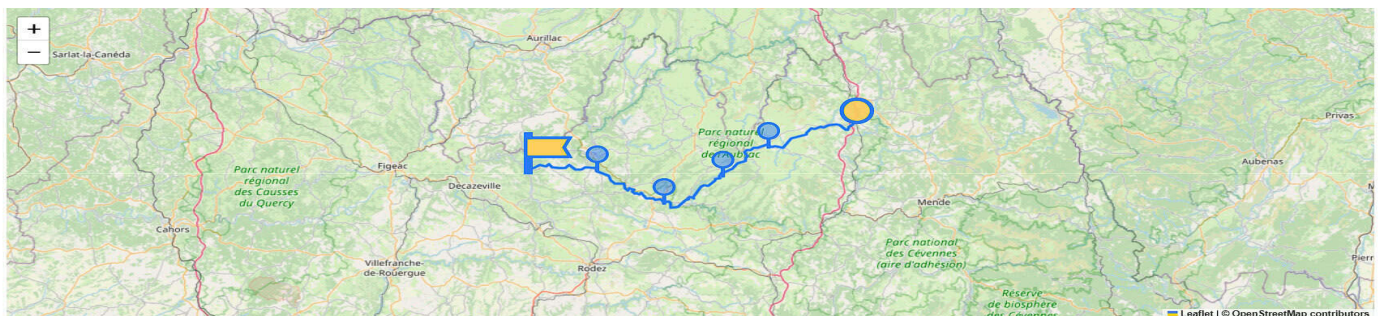
429 min | 695.2m average | 1203 max

Cardio:

2 3.2 4

On our second section of Via Podiensis, the Camino runs between Aumont-Aubrac and Conques. The area the Camino crosses is almost legendary on the Via Podiensis or Le Puy route as it goes through the austere high Aubrac plateau, an isolated landscape fairly unique in French topography home to green and dormant volcanoes. The second half of the walking holiday enters the livelier Lot valley, with the constant sight and sound of the river a relaxing companion.

Map



Services

Included in this package

- ✓ Bed & Breakfast
- ✓ Specially Hand-Picked Accommodation
- ✓ Our Holiday or Pilgrim Pack
- ✓ 24/7 On-Call Support
- ✓ Virtual Face-to-Face Pre-Departure Briefing

Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day
1
km

AUMONT-AUBRAC

Aumont-Aubrac is a typical village of the area. You will see the transition between the rounded hills of the Allier département and the high plateau of the mythic Aubrac, and its endless austere and inspiring volcanic lands. The town has always been strongly linked to the Camino, as back in the mediaeval times this is where pilgrims coming from east on the Via Podiensis rested before facing the upcoming stark and isolated lands of Aubrac.

Day
2
25.9 km

AUMONT-AUBRAC -> NASBINALS

As we leave Aumont-Aubrac, we start our way towards the inspiring Aubrac high plateau, walking on walled tracks with endless flat grassland surrounding us. Typical Aubrac cows grazing there bring a hint of life between the sporadic sleepy villages and farmhouses. The walk ends up in Nasbinals, a charming village with a Romanesque church.

Day
3
16.1 km

NASBINALS -> ST CHELY D'AUBRAC

Today, the Camino reaches one of its highest points as we climb up to 1,370m before walking down to the historic hamlet of Aubrac, a legendary stage on Via Podiensis. The whole walk between Nasbinals to Saint-Chély d'Aubrac is listed as UNESCO World Heritage site. This section, though challenging, is one of the most unique of any Camino.

Day
4
22.9 km

ST CHELY D'AUBRAC -> ESPALION

Soon after crossing over the Saint-Chély Bridge, we leave behind the typical scenery of the Aubrac to enter chestnut and beech woods. After this, we enter more populated areas and we reach the mediaeval Saint-Come-d'Olt, often claimed to be one of the prettiest villages of France. It is then a nice stroll, climbing up a bit before getting down to the charming village of Espalion on the banks of the Lot River.

Day
5
26.7 km

ESPALION -> GOLINHAC

Along the walk there are many well-preserved treasures from the past, part of the reasoning this whole are is on the UNESCO World Heritage site list. First, we head to the beautiful Romanesque church of Bèssuéjols and its upper chapel hidden in the 11th Century steeple. Then, we reach Estaing, a mediaeval village topped by an impressive castle. We then continue along the Lot River, before climbing up to Montégut. The Camino then runs through woods and countryside before reaching yet another pretty village, Golinhaç.

Day

6

20.5 km

GOLINHAC -> CONQUES

Countryside and peaceful woodland will be our backdrop all day long during this easy walk. We have some time to wander around the charming village of Espeyrac on the bank of the river and to admire the old castle in Sénergues. Finally, we arrive in Conques, one of the nicest towns on the whole Le Puy route, to rest for the evening!

Day

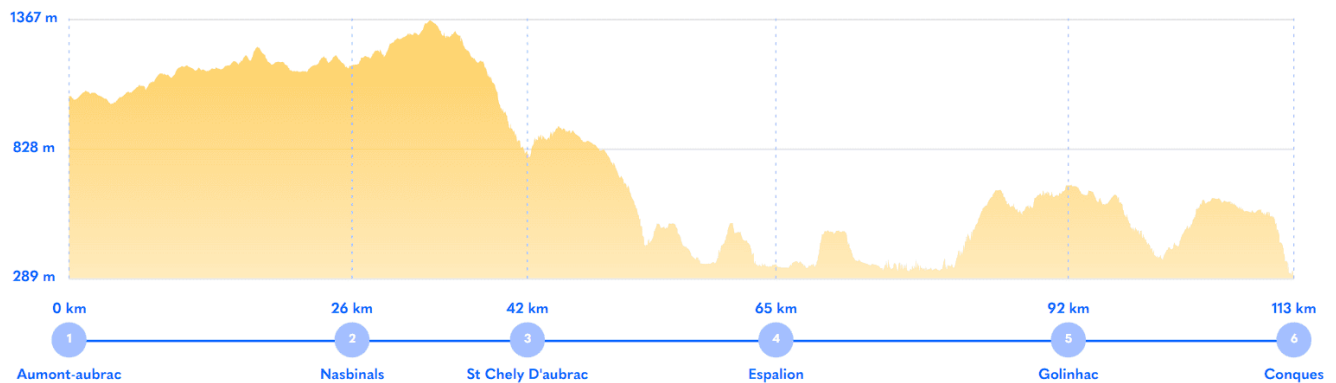
7

km

CONQUES

After breakfast we bid you farewell. Listed as one of the most beautiful villages of France, Conques does not disappoint. The mediaeval houses, surrounded by the mountains and forests, give it a fairytale feel. Conques is a lovely place to recuperate after your long walk.

Elevation Chart



NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

ABOUT US

At Follow the Camino, we are re not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007** As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at info@followthecamino.com to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience** Let us help you create the perfect journey tailored to your needs!

Follow the Camino

START PLANING NOW

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