

# Navia to Vilalba



**Follow  
the  
Camino**

Your Camino Agent since 2007

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# YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner** on **TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of Tripadvisor travellers place this winner in the top 10% worldwide.



\*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

**LIZ F.**



**Walking the french camino is one of the best experiences of my life.**

*I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time.*

*Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.*

**LARA K.**



**Wonderful all round experience**

*Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!*

**RANDY R.**



**Follow the Camino Frances**

*The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.*

**GRETA O.**



**Follow the Camino with an eighty year old**

*Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.*



# ITINERARY

 Stage 3 of 4

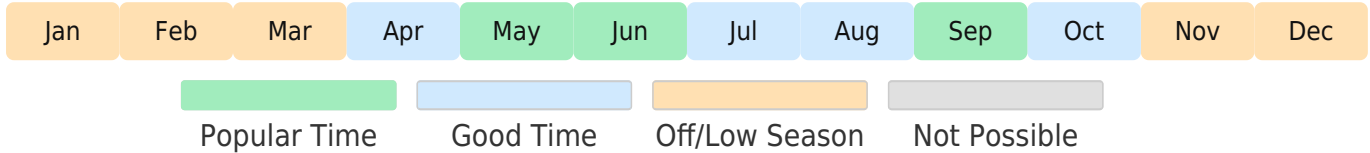
 103.8km

 7 days

 Comfort

 Moderate

Starting from  
€668



Overall

Distance:

8.4 min | 20.8km average | 31.3 max

Ascent:

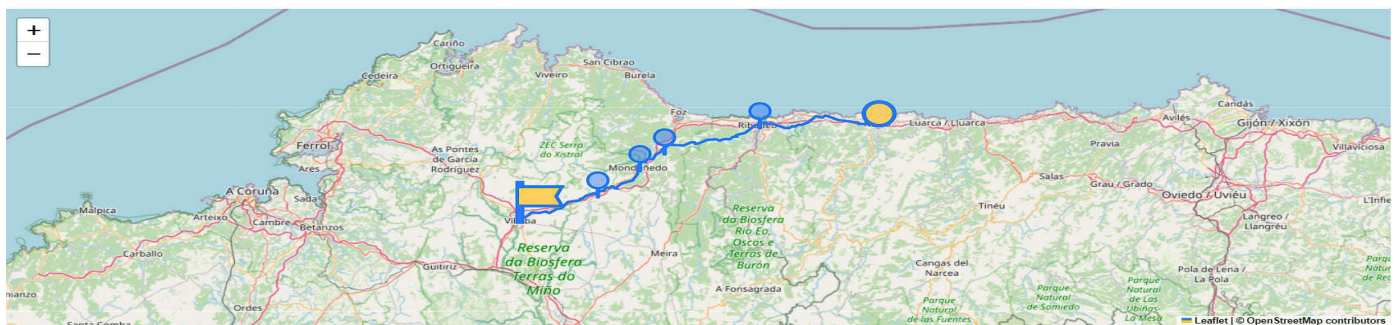
316 min | 555.1m average | 858.1 max

Cardio:

2 3 2 4

This section of the Camino del Norte Coastal from Navia to Vilalba turns you away from the coast and into the Galician countryside. Watch as the rolling waves turn to rolling hills and know that your approach to the city of Santiago de Compostela is one step closer! Enjoy the unique blend of Asturian and Galician culture as you cross this quiet region.

## Map



## Services

### Included in this package

- ☑ Bed & Breakfast
- ☑ Specially Hand-Picked Accommodation
- ☑ Our Holiday or Pilgrim Pack
- ☑ 24/7 On-Call Support
- ☑ Virtual Face-to-Face Pre-Departure Briefing

### Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day  
1  
km

### **NAVIA**

Before you begin your walk, take time to explore this port town and see the main architectural highlights, such as the old mediaeval town walls and the Arias Palace.

Day  
2  
31.3 km

### **NAVIA -> RIBADEO**

The walk from Navia to Ribadeo is the culmination of your route along the Atlantic coastline. Expect some spectacular views of the cliffs, sea, and swell as you navigate your way into Ribadeo. Crossing the inlet that Ribadeo is built around, you pass from Asturias into Galicia!

Day  
3  
27.1 km

### **RIBADEO -> LOURENZA**

Leaving Ribadeo behind, you will ascend through gentle hills on woodland paths lined with eucalyptus, the fragrance of these trees filling the Galician air. You will pass through remote hamlets and quiet roads as you head for Lourenza. On arrival in the town, you can see the beautiful monastery still standing here after hundreds of years and get a good night's rest.

Day  
4  
8.4 km

### **LOURENZA -> MONDONEDO**

Today's walk into the low mountains bordering Galicia offers stunning views over the rich countryside. While the ascent can be challenging, the paths are mostly a mix of gravel and brick roads, making the climb a little easier. Your destination is Mondonedo, one of the seven capitals of the ancient Kingdom of Galicia, and the site of notable Bronze Age excavations.

Day  
5  
16.7 km

### **MONDONEDO -> ABADIN**

Out of Mondonedo, you will follow the Rua Rigueira uphill and onto gravel tracks. There is construction along this route which may necessitate minor detours, but these are well waymarked. You will pass through the town of Gotan before stopping at the much larger Abadin. Abadin has many shops and facilities, so is a good place to restock your supplies.

Day

6

20.3 km

### **ABADIN -> VILALBA**

Pass Abadin's notable fountain as you leave the town and start a minor ascent by the highway. The route from here meanders easily along rural roads through forests and farming villages, and you will regularly criss-cross the N-634 highway. Your destination is Vilalba, the largest settlement on this section of the Camino del Norte.

Day

7

km

### **VILALBA**

After breakfast, we bid you farewell. There is plenty to experience in Vilalba, including seeing the architecture of the Church of Santa María and learning about regional history in the Museum of Prehistory and Archaeology. For cheese lovers, the famous San Simón smoked cheese is also something that cannot be missed!

# NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

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Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

## ABOUT US

At Follow the Camino, we are not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007**. As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at [info@followthecamino.com](mailto:info@followthecamino.com) to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience**. Let us help you create the perfect journey tailored to your needs!



# Follow the Camino

**START PLANING NOW**

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