

# Merida to Caceres



**Follow  
the  
Camino**

Your Camino Agent since 2007

[info@followthecamino.com](mailto:info@followthecamino.com)

+353 1 687 2144

+44 20 3411 0701

+1 877 778 1750

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# YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner** on **TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of Tripadvisor travellers place this winner in the top 10% worldwide.



\*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

**LIZ F.**



**Walking the french camino is one of the best experiences of my life.**

*I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time.*

*Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.*

**LARA K.**



**Wonderful all round experience**

*Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!*

**RANDY R.**



**Follow the Camino Frances**

*The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.*

**GRETA O.**




**Follow the Camino with an eighty year old**

*Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.*




# ITINERARY

 Stage 3 of 10

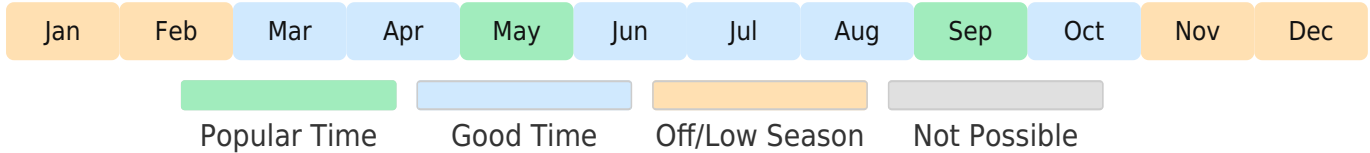
 74.6km

 6 days

 Comfort

 Easy

Starting from  
€718



Overall

Distance:

15.2 min | 18.7km average | 23 max

Ascent:

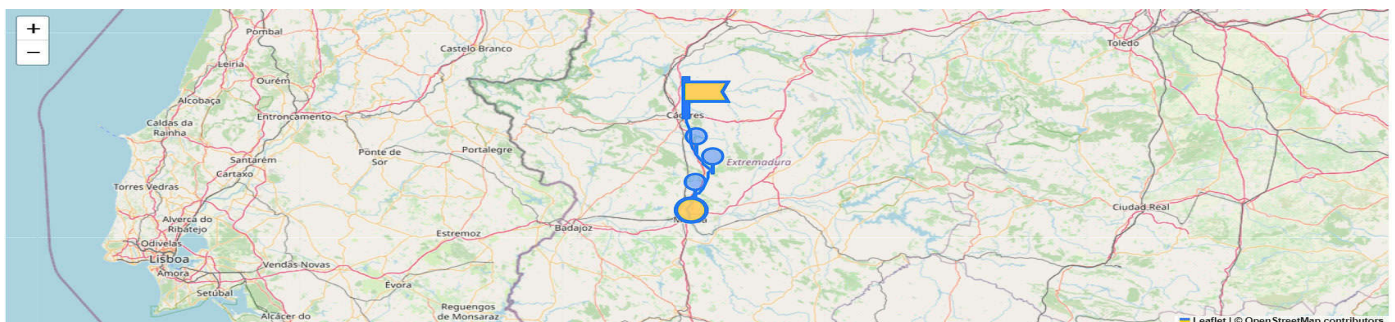
46.5 min | 207.3m average | 308.2 max

Cardio:

2 2.5 3

On this section, the Camino heads north, through Extremadura Province, a land of dry and gently hilly landscapes that sometimes seems to be inhabited by more cerdos ibericos (dark brown pigs typical of the region) than people. Indeed, there can be long gaps between villages, giving you time to enjoy open and quiet landscapes of crop fields and vines, cork oak forests, and wild flowers all year round.

## Map



## Services

### Included in this package

- ✓ Bed & Breakfast
- ✓ Specially Hand-Picked Accommodation
- ✓ Our Holiday or Pilgrim Pack
- ✓ 24/7 On-Call Support
- ✓ Virtual Face-to-Face Pre-Departure Briefing

### Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day  
1  
km

### **MERIDA**

Merida was founded in 250 BC and the Roman heritage is still visible in every corner of the city nowadays. More than a UNESCO World Heritage site, this small city has plenty to offer, and tourists always enjoy its lively buzz, hopping from tapas bars to wonderful restaurants.

Day  
2  
16.6 km

### **MERIDA -> ALJUCEN**

You leave Merida by crossing over the river via a 2,000 year-old Roman bridge, from which there are beautiful views of the impressive Roman Aqueduct. Then, we head towards the Proserpina dam, which once was the biggest water reservoir in the Mediterranean Roman Empire. The red-earth landscape becomes hillier and there are also more oak trees to provide you with shelter from the sun. After a short day's walking, we reach Aljucen - from where we will be transferred back to our hotel in Merida.

Day  
3  
19.8 km

### **ALJUCEN -> ALCUESCAR**

After your transfer back to Aljucen., we soon enter the National Park of Cornalvo, a landscape of scrubland, red earth tracks, pasture, and oak trees. Then the farmlands alternate between cork trees, vines, olive trees, and grazing livestock until you reach the first and last village of the day: Alcuescar.

Day  
4  
15.2 km

### **ALCUESCAR -> ALDEA DEL CANO**

From Alcuescar, it is at first an easy and peaceful walk to Las Casas de Don Antonio and its well-restored Roman bridge. Later, we walk on the original Roman road as we pass by what is known as 'miliario' (Roman milestone) and cross one more Roman bridge before reaching Aldea del Cano.

Day  
5  
23 km

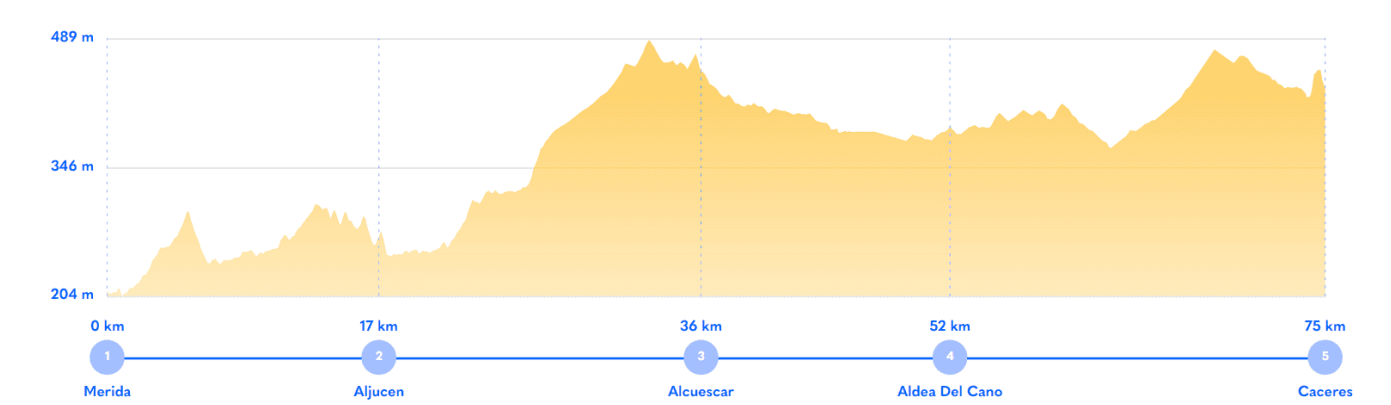
### **ALDEA DEL CANO -> CACERES**

On this last day of this section, we leave Aldea del Cano and continue through the flat and dry lands of Extremadura. We later cross a long Roman arched bridge at the entrance to Valdesalor. It is then a hilly landscape with scattered shade all the way to Caceres and its old town, perched on top of a hill.

CACERES

After breakfast, we bid you farewell. The capital of the province, the city of Caceres is full of notable cathedrals, churches, convents and monasteries. It also hosts numerous important festivals across the year, including The Festival of the Martyrs every January, the San Jorge Festival in April, and Fleadh Cáceres between October and November.

Elevation Chart



# NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

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Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

## ABOUT US

At Follow the Camino, we are not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007**. As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at [info@followthecamino.com](mailto:info@followthecamino.com) to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience**. Let us help you create the perfect journey tailored to your needs!



# Follow the Camino

**START PLANING NOW**

[info@followthecamino.com](mailto:info@followthecamino.com) | +353 16872144 | [www.followthecamino.com](http://www.followthecamino.com)

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