

# Plasencia to Salamanca



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the  
Camino**

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# YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner** on **TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of Tripadvisor travellers place this winner in the top 10% worldwide.



\*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

**LIZ F.**



**Walking the french camino is one of the best experiences of my life.**

*I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time.*

*Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.*

**LARA K.**



**Wonderful all round experience**

*Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!*

**RANDY R.**



**Follow the Camino Frances**

*The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.*

**GRETA O.**



**Follow the Camino with an eighty year old**

*Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.*



# ITINERARY

 Stage 5 of 10

 129.6km

 8 days

 Comfort

 Moderate

Starting from  
€991

Jan

Feb

Mar

Apr

May

Jun

Jul

Aug

Sep

Oct

Nov

Dec

Popular Time

Good Time

Off/Low Season

Not Possible

Overall

Distance:

12.2 min | 21.6km average | 27.7 max

Ascent:

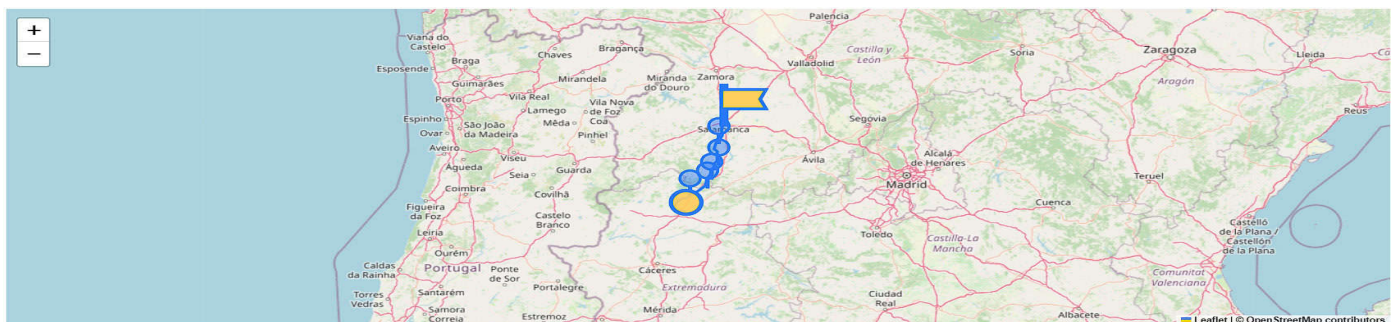
239 min | 328.2m average | 412.6 max

Cardio:

2 3 4

We start this section in the very north of the province of Extremadura and soon we enter Castilla y Leon with its more mountainous landscapes. Here, the Camino combines all types of scenery, from meadows with grazing cattle to woodland to the imposing Duena Peak (an elevation of 1,140m), one of the highest points of this route. We finally arrive in Salamanca, famous for its Renaissance architecture and one of the country's most lively cities.

## Map



## Services

### Included in this package

- ✓ Bed & Breakfast
- ✓ Specially Hand-Picked Accommodation
- ✓ Our Holiday or Pilgrim Pack
- ✓ 24/7 On-Call Support
- ✓ Virtual Face-to-Face Pre-Departure Briefing

### Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day  
1  
km

### **PLASENCIA**

Night in Plasencia. If you have the time before you start your Camino, visit the impressive Plasencia Cathedral, with its amazing paintings and museum located inside the cathedral. A walk along Plasencia's double line of walls stretching around the town is also a sight to see.

Day  
2  
24.9 km

### **PLASENCIA -> ZARZA DE GRANADILLA**

In the morning we will arrange your transfer to Carcaboso. Carcaboso is a charming town historically linked to the Via de la Plata as it still has some 2,000 year-old 'miliarias' (Roman stone posts) intact. When leaving Carcaboso, we follow the Canal del Jerte before starting a long climb uphill. Then we start to see evidence of the Roman times from the panorama as we walk through the magnificently 2,000 year-old Arco de Caparra. We'll pick you up at the Roman city of Caparra to transfer you to your hotel in Zarza de Granadilla.

Day  
3  
20.7 km

### **ZARZA DE GRANADILLA -> BANOS DE MONTEMAYOR**

We will transfer you back to the Roman city of Caparra, which will be your starting point for this day's walk. Soon after we start, the landscape becomes more arid and we begin to see the Sierra de las Candelaria ahead in the distance: we are leaving the Extremadura basin behind us. We spend most of the day walking gently uphill until we reach Banos de Montemayor, where you will stay overnight. After the day spent walking, you can treat yourself to the magical Roman-inspired spa and thermal waters of the town!

Day  
4  
12.2 km

### **BANOS DE MONTEMAYOR -> CALZADA DE BEJAR**

Leaving Banos de Montemayor, we start with a steep climb up a series of hills, at the top of which we can enjoy beautiful views of Banos de Montemayor. Further on, we go downhill on a well-preserved stretch of the Roman road, lined with chestnut, beech, and oak trees. The last leg to Calzada de Bejar is uphill, offering open views to the beautiful valley of Rio Cuerpo.

Day  
5  
20.2 km

### **CALZADA DE BEJAR -> FUENTERROBLE DE SALVATIERRA**

Today, you will come across more 'miliarias' and paved road segments - mementos of ancient Roman times. The landscape still looks arid as we go further into this high tableland but it is easy to find shade from oak trees along the wall-lined tracks. At the end of the day, we will arrange a transfer to a hotel in Guijuelo.

Day  
6

27.7 km

### FUENTERROBLE DE SALVATIERRA -> SAN PEDRO DE ROZADOS

After your transfer from the hotel back to Fuenterroble de Salvatierra, we continue our way through the high plateau and find ourselves walking most of the day on good tracks through the countryside. The main difficulty of the day is climbing the Duena Peak (an elevation of 1,140m) but it is worth it as there are good views of the Meseta from the top. Then, we walk down through oak woods and farmlands to reach San Pedro de Rozados.

Day  
7

23.9 km

### SAN PEDRO DE ROZADOS -> SALAMANCA

The last day of this section offers little shade but the open landscape and great views over the countryside will surely distract you and help you to enjoy this final walking day before you reach Salamanca, a lively city full of history.

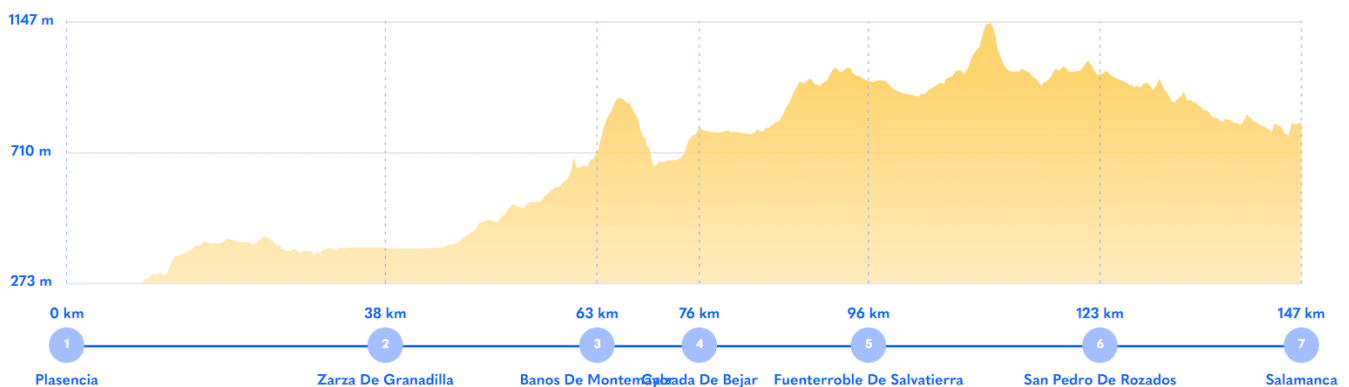
Day  
8

km

### SALAMANCA

After breakfast, we bid you farewell. Salamanca is known for its remarkable Plateresque buildings, as well as the oldest active university in Spain, founded in 1218. Besides that, it is a lively city full of culture and energy, so get out and explore while you can!

## Elevation Chart



# NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

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Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

## ABOUT US

At Follow the Camino, we are not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007**. As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at [info@followthecamino.com](mailto:info@followthecamino.com) to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience**. Let us help you create the perfect journey tailored to your needs!



# Follow the Camino

**START PLANING NOW**

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