

Florence to Sansepolcro



**Follow
the
Camino**

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YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner** on **TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



Follow The Camino



Reviews from millions of Tripadvisor travellers place this winner in the top 10% worldwide.



*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

LIZ F.



Walking the french camino is one of the best experiences of my life.

I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time.

Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.

LARA K.



Wonderful all round experience

Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!

RANDY R.



Follow the Camino Frances

The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.

GRETA O.



Follow the Camino with an eighty year old

Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.

ITINERARY



Stage 1 of 5



138.6km



9 days



Comfort



Easy

Starting from

€1159

Jan

Feb

Mar

Apr

May

Jun

Jul

Aug

Sep

Oct

Nov

Dec

Popular Time

Good Time

Off/Low Season

Not Possible

Overall

Distance:

14.9 min | 19.8km average | 25.5 max

Ascent:

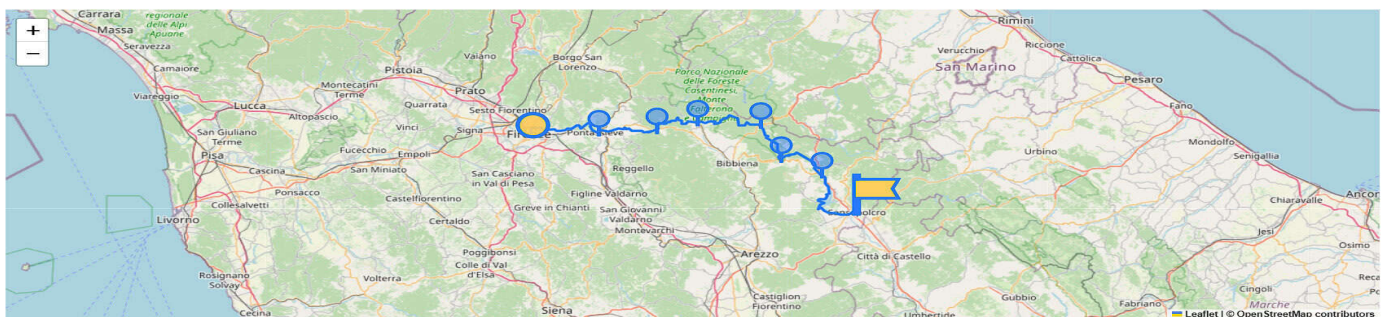
287.1 min | 947.9m average | 1799.2 max

Cardio:

2 2.4 3

Beginning in Florence, the first section of St. Francis Way will take you through rolling Tuscan hills and valleys. Don't miss the opportunity to capture the serenity of the lush countryside, enjoy a variety of local Italian cuisine, or the chance to visit the most revered location of Santuario della Verna, a Franciscan sanctuary located atop Mount Penna.

Map



Services

Included in this package

- ✓ Bed & Breakfast
- ✓ Specially Hand-Picked Accommodation
- ✓ Our Holiday or Pilgrim Pack
- ✓ 24/7 On-Call Support
- ✓ Virtual Face-to-Face Pre-Departure Briefing

Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day
1
km

FLORENCE

Florence (Firenze) is the largest city and capital of the region of Tuscany. It is the birthplace of Leonardo Davinic, Galileo, and Dante. Renowned the world over as the cradle of the Renaissance, this city makes a wonderfully cultured start point to your St Francis pilgrimage to Rome. Be sure to make time to visit the domed cathedral of Santa Maria del Fiore. Marvel at this engineering feat built by Filippo Brunelleschi, and visit one of the many museums, palaces, and churches that house the most significant artistic treasures in the world.

Day
2
23.1 km

FLORENCE -> PONTASSIEVE

Today you will leave the cultured haven of Florence. During your walk, find yourself returning to a simpler way of life, surrounded by the beauty of nature. Start from Florence's Basilica of Santa Croce, enter olive groves and vineyards in an area known for its Chianti wines. Arriving into Settignano, take the opportunity to have a quick break for a morning coffee. Continue uphill with views of the valley below, then descend into the valley. Follow the Arno to Sieci where you can enjoy a picnic on the banks of the river. Climb Sieci to enjoy sweeping vistas of the surrounding hills and vineyards. Descend through the vineyards and olive groves to finish your day of walking in Pontassieve. During World War II this town suffered substantial damage and none of its mediaeval features remain. However, it is well worth visiting the Pieve di San Giovanni a Ré mole where there are the remains of two frescos by Botticelli.

Day
3
17.5 km

PONTASSIEVE -> CONSUMA - MONTEMIGNAIO

Ascending out of Pontassieve you will be greeted with a spectacular view of the Sieve Valley and Castello di Nipozzano, a prosperous winery. If you fancy it, stop for a glass of local Tuscan wine. Climb through quiet forests and lush meadows towards your destination for tonight, Consuma. This small hamlet, with origins which can be traced back to the 15th Century, now services holidaymakers visiting the Casentino National Park.

Day
4
16.7 km

CONSUMA - MONTEMIGNAIO -> STIA

Today's undulating walk is through pine and beech trees and through small towns with sweeping views of this mountainous landscape of the Upper Arno Valley. Your destination is Stia, at the foothills of Mount Falterona. Traditionally a textile manufacturing town, today (much like Consuma) it is a hub for visitors to the Casentino National Park. In the town square, there is a fresco by Pietro Annigoni that represents Saint Francis. Try the local speciality of 'Tortello' a traditional dish of potatoes common to the Casentino region.

Day

5

24.5 km

STIA -> BADIA PRATAGLIA

Today's walk offers more stunning views. Entering the ancient Casentino Forest you will come upon the Eremo Camaldoli, a Benedictine Hermitage. A short walk from the hermitage is the village of Camaldoli, where you can stop for a break and visit the monastery. Wander through a meadow of ferns to a pleasant Beech Forest and then oak and pine forests before arriving into Badia Prataglia. This town was established in the early 11th Century and, due to the bountiful supply of wood, the local craft of woodwork flourishes.

Day

6

16.4 km

BADIA PRATAGLIA -> SANTUARIO DELLA VERNA

Today will be challenging but with your end stop the holy mountain retreat of St Francis it is well worth the effort. Walk through forests and fern meadows, and across creeks to sweeping views of the region. You will visit the pretty village of Rimbocchi where you will have the opportunity to relax at the small park or grab a bite to eat in the café. Climb up to the summit of Poggio Montopoli before weaving through the forest of birch trees to what is widely regarded as one of the holiest spiritual sites in all of Italy, Santuario della Verna.

Day

7

14.9 km

SANTUARIO DELLA VERNA -> PIEVE SANTO STEFANO

Meander the hills to a wooden cross to join part of the Grande Escursione Appenninica, a well-known route through the mountains. Get your camera ready for the steep climb to Monte Calvano and then to the summit of Monte della Modina. After this summit, the rest of the walk is downhill to Pieve Santo Stefano, which sits on the Upper Tiber River Valley. This town was destroyed during World War II, leaving it without its former mediaeval charm. However, Pieve Santo Stefano is still very pleasant to visit.

Day

8

25.5 km

PIEVE SANTO STEFANO -> SANSEPOLCRO

Follow the Tiber River for a while before climbing past forests and hillside farmland to enjoy the views of La Verne and Caprese Michelangelo. Winding back down to the Tiber River you will make your way to Sansepolcro. This town is the home of Buitoni Pasta, founded by Giulia Buitoni. In 1906 they built a hydroelectric power plant on the river, which allowed Sansepolcro to be the first Italian city to have electricity.

Day

9

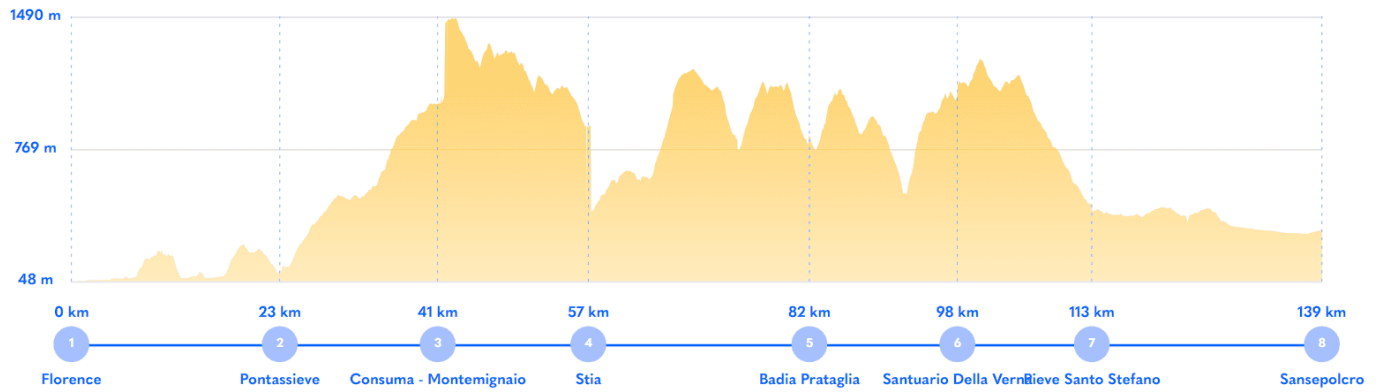
km

SANSEPOLCRO

After breakfast, we bid you farewell, or welcome you to the next stage of the St Francis Way to Rome. While in town, you should visit the Gothic-Romanesque Cathedral of St. John the Evangelist and the Museo Civico. This has a fresco by Piero della Francesca called Resurrection, a painting so

significant that during World War II the town was saved from destruction by Allied artillery attack in order to preserve the painting.

Elevation Chart



NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

ABOUT US

At Follow the Camino, we are not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2007**. As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at info@followthecamino.com to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience**. Let us help you create the perfect journey tailored to your needs!

Follow the Camino

START PLANING NOW

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