

# Via Francigena from Aulla to Lucca



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**Camino**

Your Camino Agent since 2007

[info@followthecamino.com](mailto:info@followthecamino.com)

+353 1 687 2144

+44 20 3411 0701

+1 877 778 1750

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# YOUR CAMINO JOURNEY STARTS HERE

This travel plan provides a **day-by-day outline** of a sample trip, giving you a clear idea of what to expect. Keep in mind that this package can be fully **tailored** to your preferences. As a **2024 Traveler's Choice Award winner on TripAdvisor**, we're proud to be trusted by hundreds of travelers who praise our **seamless service**, expert **guidance**, and unforgettable **experiences**. Before you set off, take a moment to read some of their stories.



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Reviews from millions of TripAdvisor travellers place this winner in the top 10% worldwide.



\*There is a Camino for everyone! Photos are for inspiration and may differ from your selected itinerary.

**LIZ F.**



**Walking the french camino is one of the best experiences of my life.**

*I was a bit anxious before starting my Camino walk but once I was into it , I had a brilliant time. Follow the Camino planned my trip and everything went seamlessly , so all I had to do was concentrate on walking ! Il be back for sure.*

**LARA K.**



**Wonderful all round experience**

*Follow The Camino delivered on everything they promised with accomodation selection great and transfer of luggage seamless. The actual walk was wonderful and matched or exceeded my expectations. Wouldn't hesitate to use them again for my next Camino. Loved it!!!!*

**RANDY R.**



**Follow the Camino Frances**

*The Camino Frances was the best vacation experience I've ever had. Fitness, new friends, and fantastic country. Highly recommended.*

**GRETA O.**




**Follow the Camino with an eighty year old**

*Follow the Camino was excellent. Hotels included dinner and breakfast. Clean and good food. Luggage transfer seamless. Well done.*

# ITINERARY

 Stage 12 of 16

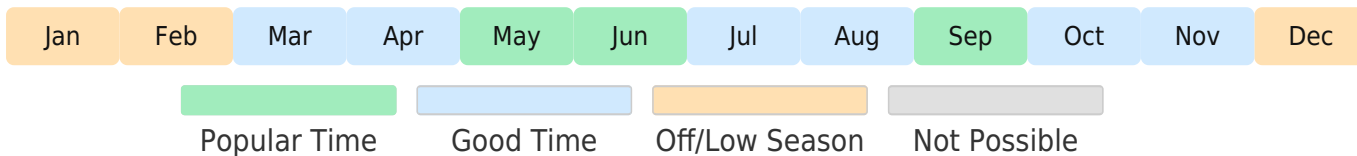
 93.7km

 6 days

 Comfort

 Moderate

Starting from  
**€645**



Overall

Distance:

**16.2 min** | **23.4km** average | **27.6 max**

Ascent:

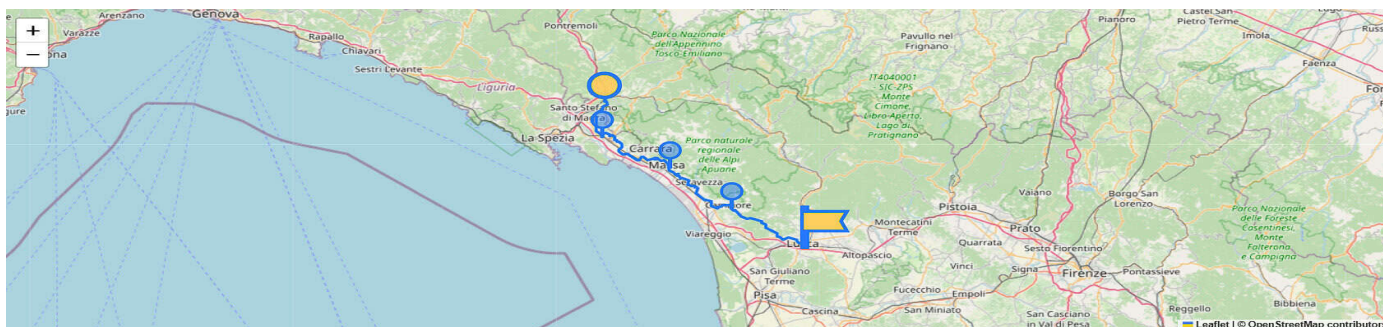
**435 min** | **618.8m** average | **804.3 max**

Cardio:

**3 3.3 4**

Beginning in Aulla, the twelfth section of Via Francigena features magnificent sights such as the Abbey of Peter and the Church of Michael, the Cathedral of St Francis, towers and castles, and an interesting archaeological site at Luni. Your destination, Lucca, is a famous Tuscan city with well-preserved Renaissance walls encircling its historic city centre.

## Map



## Services

### Included in this package

- ✔ Bed & Breakfast
- ✔ Specially Hand-Picked Accommodation
- ✔ Our Holiday or Pilgrim Pack
- ✔ 24/7 On-Call Support
- ✔ Virtual Face-to-Face Pre-Departure Briefing

### Add-On

- ⊕ Premium Accommodation
- ⊕ Airport Pick-Up
- ⊕ Additional Nights
- ⊕ Dinners
- ⊕ Luggage Transfers from Hotel to Hotel
- ⊕ Day Tours to Local Sites of Interest

Not included: Flights/trains, Insurance, Drinks/Lunch

Day  
1  
km

### **AULLA**

On your first day, take a walk around the town and go see the impressive Fortezza Della Brunella before tomorrow's walk to Sarzana. The Abbey of San Caprasio is another popular tourist attraction, and one of the city's oldest and most important buildings.

Day  
2  
16.2 km

### **AULLA -> SARZANA**

The first day of walking starts with some easy roads. Later the route becomes a bit more difficult to walk as it is steep with rocky paths and loose stones, and also there are no facilities between Aulla and the town of Ponzano Superiore. Despite these obstacles, once you overcome them, you'll feel a great level of personal satisfaction. From here, pick one of two routes to Sarzana - take the normal route, which is quite hilly and on gravel tracks, or if there's bad weather take the slightly easier (but noisier) road route alongside the traffic. Once you enter Sarzana, take time to rest and try to visit the incredible Fortezza di Sarzanello and the Cathedral of Sarzana (Santa Maria di Assunta). A glass of wine would also be on the cards after that day of walking.

Day  
3  
27.6 km

### **SARZANA -> MASSA**

Today's walk is as challenging as the day before, but it is certainly doable. The first part jumps between tarmac roads and grassy tracks, traversing hills and crossing over rivers. From walking near the main roads, you will then need to pick between the old route which is shorter and less challenging, or take a route by the fascinating archaeological site at Luni. Following this and going through Avenza, take the direct and flat route to Massa. Pass by a nice public garden on the walk into Massa. If you have the time, visit the wonderful Cathedral of Saints Peter and Francis from the 15th Century and the Malaspina Castle, which overlooks Massa from a hill.

Day  
4  
26.2 km

### **MASSA -> CAMAIORE**

Going to Camaiore starts off quite easy on flat roads. There is then some difficulty with steep hills, and then levelling off on tarmac roads and bridges. In Pietrasanta, feel free to stop and have some fritti, and wine, to fuel you for the rest of the walk. Passing through Pietrasanta, take the old route which is very easy to follow, going over roads and crossing bridges over rivers. From here, the walk is a little strenuous, with hills and tarmac roads taking over most of the way, but by this stage you are very close to Camaiore. In this city, rest, have a drink and some great food, and visit the amazing Abbey of Peter and the lovely Church of Michael.

Day

5

23.7 km

### CAMAIORE -> LUCCA

On the last day of walking, the path to Lucca is a mix of hill-walking, tarmac roads, grassy tracks, and stony tracks through woods and gravel lanes. It is quite challenging, but don't worry, this is all very manageable, particularly when you can stop in Montemagno or Valpromano for a small beer or a nice glass of wine. You are now at the end of your journey in Lucca – great work!

Day

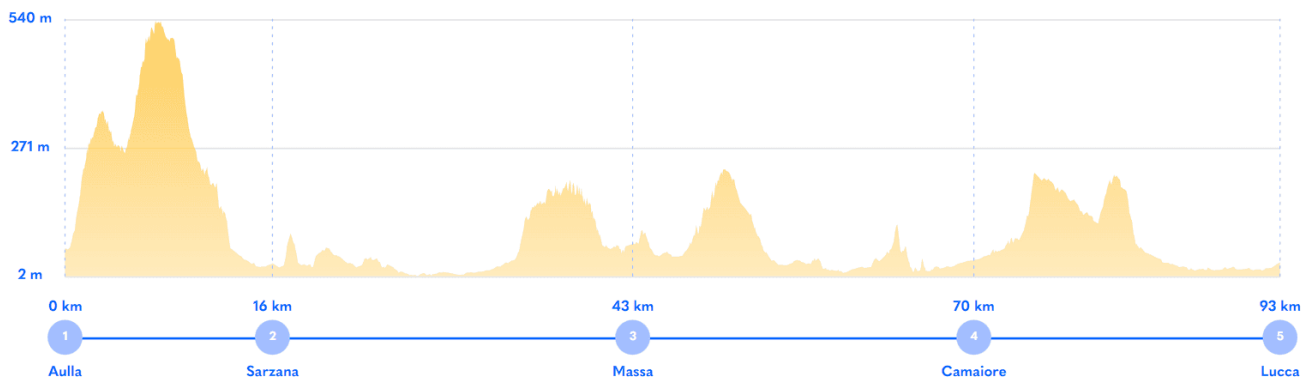
6

km

### LUCCA

After breakfast we bid you farewell. While you're in Lucca, there are quite a few things to see. If you have the time, visit the main sights: the Romanesque Church of San Michele in Foro, the Piazza Anfiteatro or the museum, Casa di Puccini. But before all of that, trying some local pizza is must-do!

## Elevation Chart



# NOTES & QUESTIONS FOR MY CAMINO PLANNER

We know that planning your Camino is a personal journey, and we want to make sure everything is just right for you. Use this space to **jot down your thoughts, questions, and preferences**. Here are some ideas to discuss with your Camino planner:

- Are the daily distances suitable for me, or should I split them into shorter walking days?
- Where would you recommend taking a rest day?
- Would I like to add a tour or special experience along the way?
- Do I need transfers to and from the airport?
- Are there any accommodations I would like to upgrade?
- Would I like luggage transfers for lighter walking days?
- Are there any dietary preferences or special requests I should mention?

Feel free to write down any other thoughts or questions below:

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Your Camino planner is here to help make your journey as smooth and enjoyable as possible!

## ABOUT US

At Follow the Camino, we are re not just a tour operator; we are **passionate Camino enthusiasts** who have been guiding pilgrims **since 2006** As the first tour operator in Ireland to coordinate walks on the Camino de Santiago, we offer unrivaled expertise in designing **life-changing adventures**.

Don't hesitate to contact us at [info@followthecamino.com](mailto:info@followthecamino.com) to request your **personalized itinerary**. We can add rest days or split days to suit your pace, as well as include special day tours or unique activities to **enhance your Camino experience** Let us help you create the perfect journey tailored to your needs!

# Follow the Camino

**START PLANING NOW**

[info@followthecamino.com](mailto:info@followthecamino.com) | [+353 16872144](tel:+35316872144) | [www.followthecamino.com](http://www.followthecamino.com)

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